## OCTOBER HALF TERM ACTIVITY CLUB 2014 PROGRAMME OF EVENTS

DATES	ACTIVITIES
TUESDAY 21 OCTOBER	HIGH ROPES *
WEDNESDAY 22 OCTOBER	ARCHERY & SURVIVAL
THURSDAY 23 OCTOBER	MINI ADVENTURE DAY**

All activities are available to children aged 7 – 14. Descriptions of each activity are listed below.

All the activities are run by experienced and highly qualified staff, and are designed to promote team work and to build confidence. The children are encouraged to try new activities, whilst making new friends along the way.

## **High Ropes Course**

A great way for children to work together helping each other over this fun and challenging course. The courses you choose will include a mixture of different elements so please check the descriptions before you book.

Children need to be at least 1.15 m tall.

**Aerial Trek**: Have you got a head for heights? Test your nerve as you walk along ropes and poles 9m above the ground. A great way to challenge your agility and hand/eye co-ordination.

**Crate Stack:** In your small team try to construct the highest possible crate tower beneath you.

**Leap of Faith:** One of the most daring challenges of the High Ropes Course! Climb a 9.5m pole, balance on top of a small platform and launch yourself into the air on a trapeze bar! Face your fears whilst your team members cheer you on.

**Zip Wire:** Enjoy a thrilling ride on a 150m zip wire from the top of an 11.5m tower.

## **Archery and Survival**

Using the superb woodland in Beaumanor Park you can learn basic survival skills, build your own woodland shelter and enjoy the warmth of campfire. This is experienced in combination

<sup>\*</sup> There is a minimum height requirement of 1.15m for the High Ropes Activity Day

<sup>\*\*</sup> Waterproofs are advisable, and walking boots or wellingtons are strongly advised.

with the thrill of archery where you can test your own 'eye for a target'. We have both indoor and outdoor ranges.

## **Mini Adventure Day**

Explore the locality around Beaumanor. Activities will revolve around a local walk. These may include some rock scrambling, survival, ecology, navigation skills, and others. The session will be away from the base at Beaumanor, so please ensure suitable outdoor clothing is worn.

Time	What's happening?	Notes
0830 - 0900	Parents drop children at County Hall (Option 2)	Children will be taken to Beaumanor Hall by minibus
0830 - 0915	Parents drop children at Beaumanor Hall (Option 1) <b>AND</b> Minibus arrives from County Hall	Park in the main car park, then follow the 'Holiday Club' signs to the base room  Children will be met by Beaumanor Hall staff  Health & Safety Paperwork / Registers will be completed
0930 - 1230	Activities	Children will enjoy the morning's activities whilst being fully supervised by experienced and fully trained staff
1230 - 1300	Lunch	Children will provide their own packed lunch and may visit the gift shop (as no food or drink is sold it is important that children bring enough food and drink for the day)
1300 - 1600	Activities	Children will enjoy the afternoon's activities whilst being fully supervised by experienced and fully trained staff
1600 - 1630	Return journey to County Hall (Option 2)	Children will be taken back to County Hall by minibus
1615 - 1700	Parents collect children from Beaumanor Hall (Option 1)	Park in the main car park, then follow the 'Holiday Club' signs to the base room  Don't forget the token to collect your child!
1630 - 1700	Pick up by parents at County Hall	Don't forget the token to collect your child!